



Name: _____ ★ Teacher: _____ ★ Grade: _____

★ BE A GREAT FRIEND

- ☐ Smile at someone new. 😊
- ☐ Learn one new classmate's name. HELLO MY NAME IS
- ☐ Invite someone to sit with you. 🪑
- ☐ Include someone who is by themselves. 👤
- ☐ Make a new friend. 🤝
- ☐ Spend time with an old friend too. 👤
- ☐ Cheer someone on. 📢
- ☐ Say "Good morning!" GOOD MORNING!
- ☐ Use kind words. 💚
- ☐ Give one genuine compliment. ❤️

♥ SHOW RESPECT

- ☐ Listen when others are talking. 👂
- ☐ Raise my hand before speaking. ✋
- ☐ Use good manners. 🤝
- ☐ Share classroom supplies. 📦
- ☐ Respect everyone's differences. 🤝
- ☐ Keep my hands to myself. ✋
- ☐ Follow classroom rules. 📋

✓ SOLVE PROBLEMS THE DUH BRUH WAY

- ☐ Think before I speak. 💭
- ☐ Walk away from drama. 🚶
- ☐ Be brave enough to apologize. ❤️
- ☐ Forgive mistakes. 🤝
- ☐ Ask for help when I need it. HELP!
- ☐ Help someone else. 🚶
- ☐ Choose kindness. 💚

📖 READY TO LEARN

- ☐ Bring my backpack. 🎒
- ☐ Bring my homework. 📓
- ☐ Charge my device (if needed). 🔋
- ☐ Bring a positive attitude. ☀️
- ☐ Try my best every day. ★

Be Kind
Be Brave
Be You! 💜

★ TODAY'S FRIENDSHIP CHALLENGE

👤 Write the name of someone new you talked to today: _____

💚 One kind thing I did today: _____

💜 One kind thing someone did for me: _____

♥ DUH BRUH PROMISE

I promise to...

- 💜 Make new friends.
- 💚 Keep my old friends.
- 🧡 Include everyone.
- 💚 Choose kindness.
- 💜 Respect others.
- 🧡 Be brave enough to do the right thing. ★

★ One step at a time... I'm learning how to SOAR!

🍎 TEACHER CORNER

Today's DUH BRUH Goal

- ☐ I welcomed someone new.
- ☐ I included others.
- ☐ I solved a problem kindly.
- ☐ I showed respect.
- ☐ I helped a classmate.

Teacher Initials: _____ 🖋️